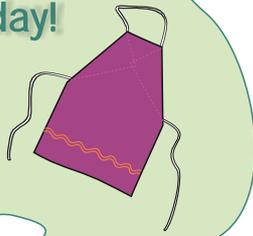


# Free Fun Friday! Tea Towel Apron

*imagine. make. believe*



## Supplies

Tea towel or dishtowel - the bigger the tea towel, the bigger your apron will be

1.8 m (2 yards) of cord, tape, ribbon, or shoe laces {laces can be 50-60 cm (20-24 inches) long}

Thread that matches the colour of your tea towel

## Optional

Pencil

## Tools

Scissors to cut cord or ribbon

Pins

Ruler or Tape Measure

Sewing Machine (Adult supervision is recommended)

Iron (Adult supervision is recommended)



Aprons are great when you are cooking, painting or doing messy craft, and need to protect your clothes. Here we show you how to make a simple apron using a tea towel or dish towel. You can use a new tea towel, one from the cupboard (check with your parents first) or find a cheap and interesting one from an op-shop, thrift shop or second-hand store.

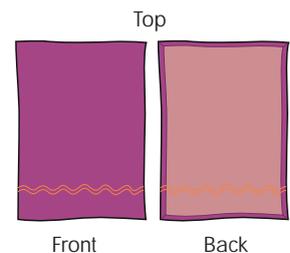
It is best to start with clean, washed hands otherwise your sewing or stitching is likely to become dirty.

## Instructions:

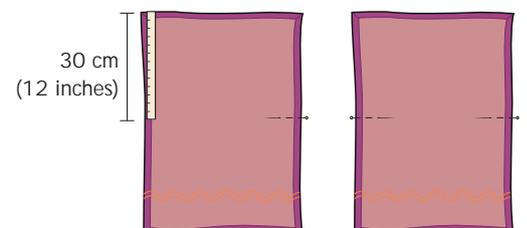
1.  Adult supervision - If your tea towel is creased or crushed (not smooth and flat) iron it flat.



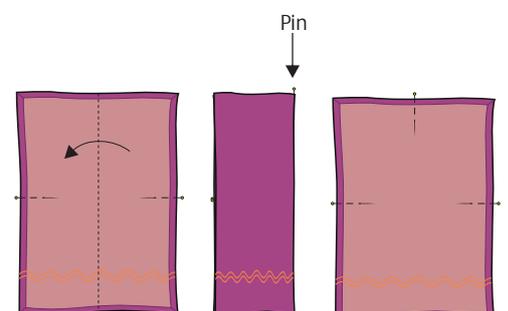
2. Decide which end of the tea towel will be the top of the apron and lay the tea towel face down on the table, so that the back of it will be facing you. (The back will usually have a tag and a hemmed edge where the fabric is folded over and stitched down.)



3. On the back of the tea towel, from the top, measure 30 cm (12 inches) down each side of the tea towel and mark with a pin or a pencil mark.

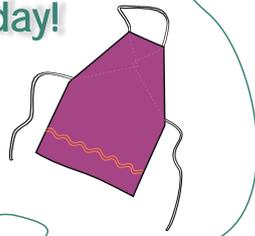


4. Fold the tea towel in half lengthwise (without creasing the fabric), and pin at the centre (halfway mark) across the top and then unfold the tea towel so it is back out flat.



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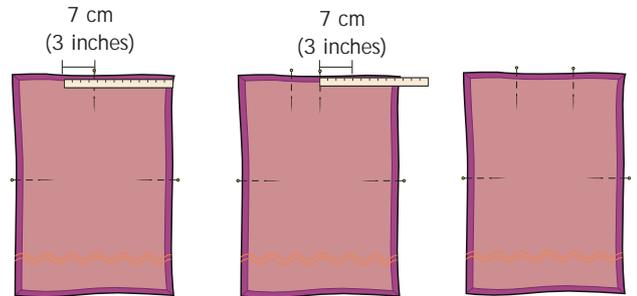
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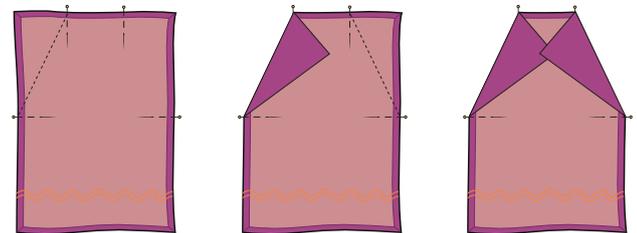
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## Tea Towel Apron - Page 2

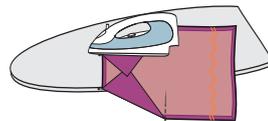
- From the centre (halfway mark) pin, measure 7 cm (3 inches) across the top of the tea towel and pin or mark with a pencil. Repeat on the other side of the centre pin, and once finished, remove the centre pin.



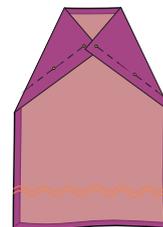
- Take one top corner of the tea towel and fold along the dotted line as shown, from one pin to another. Repeat on the other corner.



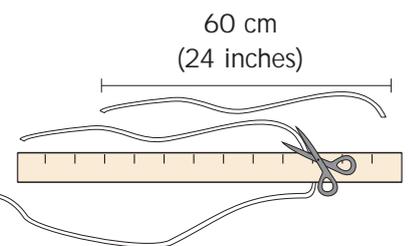
-  Adult supervision - Iron folded edges flat.



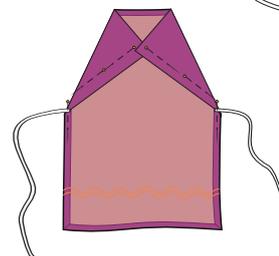
- Remove the marking pins and pin the flaps (folded corners) down.



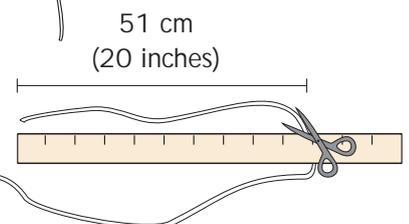
- Measure and cut 2 pieces of cord 60 cm (24 inches) long.



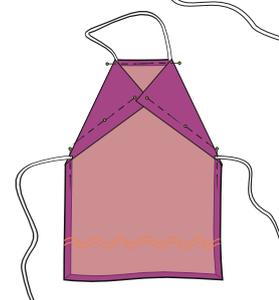
- Pin one piece of cord to one side of the tea towel, as shown. Repeat with the other piece of cord on the other side of the tea-towel.



- Measure and cut 1 piece of cord 51 cm (20 inches) long. If you have a large or adult sized head, you may need to cut this slightly longer.

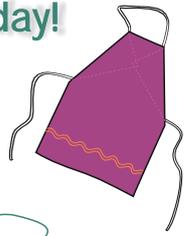


- Pin one end of the cord to one side of the top edge of the tea towel, as shown, tucking in the end approximately 1 cm (1/2 inch) inside the fold so it is hidden. Repeat with the other end of the cord on the other side of the tea towel.



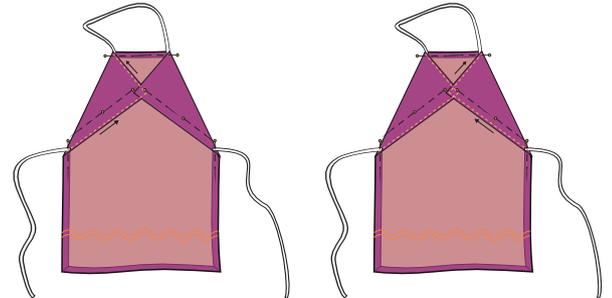
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## Tea Towel Apron - Page 3

13.  Adult supervision - Using a sewing machine and matching thread, starting on one side of the tea towel, stitch along the original hemmed edge as shown approximately 3 mm (1/8 inch) in, and carefully stitching over the cord as you go. Repeat on the other side.



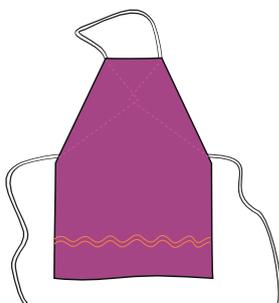
### Extra Tip

You can secure the ends of the thread by stitching the first few stitches on the sewing machine, and then reverse over them and then continue on until you reach the end of your stitching, and reverse over the last few stitches. This will hold your cord ends tightly and make everything more secure (not easily undone).

14. If you have reversed over the ends of your stitching on the machine, you can cut the ends off. If you didn't, you can knot the ends and then cut them off or stitch them under the hem of the fabric.



15. Enjoy wearing your finished apron!



### Extra Tips

If you don't have a sewing machine you can hand stitch the tea-towel with a needle and thread and stitch along the sewing lines with a running stitch.

When hand stitching, especially running stitch, do not pull the thread too tight or it will scrunch (pucker) the fabric.